



Alison McGregor
Independent ASD Consultant
www.asd-aspirations.com
asd-aspirations@outlook.com
07840460410

ASD Aspirations Training Courses

Understanding Autism

Description: The focus of this course is gaining an understanding of autism. Emphasis is given to the recognition of main areas of difference that children and young people with an autism diagnosis experience. An awareness of these differences has an impact on planning for support that will be effective within a social and academic arena.

Duration: 3 hours

Cost: £40pp. Price considerations made for whole school attendances – please contact Alison McGregor for further details.

Executive Functioning and ASD

Description: The aim of the session will be to describe the elements within the umbrella term of executive functioning that enables planning, problem solving, and emotional self-regulation, to name only three. Practical strategies will be discussed that enable a positive impact on areas of difference.

Duration: 3 hours

Cost: £40pp. Price considerations made for whole school attendances – please contact Alison McGregor for further details.

Emotional well-being and ASD

Description: The aim of this training course is to gain an understanding of the possible challenges that may arise that increase anxiety levels and the impact that this may have on the emotional wellbeing of a child, young person or adult with a diagnosis of ASD. The course will also explore strategies that will have a positive effect on emotional well-being.

Duration: 3 hours

Cost: £40pp. Price considerations made for whole school attendances – please contact Alison McGregor for further details.

ASD Friendly Classroom

Description: Exploring and gaining an understanding of the challenges that a child or young person may experience in the classroom. This course also suggests practical strategies and reasonable adjustments that will have a positive impact on accessing learning and interactions within the classroom.

Duration: 3 hours

Cost: £40pp. Price considerations made for whole school attendances – please contact Alison McGregor for further details.

Behaviour is Communication

Description: All behaviour is a form of communication. Sometimes it can be difficult to understand the message. This course aims to explore the factors which may underlie specific behaviours. Methods to explore and track behaviour to allow for a fuller understanding will be discussed. Planning for positive proactive support will also be included.

Duration: 3 hours

Cost: £40pp. Price considerations made for whole school attendances – please contact Alison McGregor for further details.

Customised training course

Description: A personalised bespoke training course which can be commissioned with your organisations needs at the core.

Duration: Please contact Alison McGregor to discuss.

Cost: Half-day course (3 hours) - £40pp

Whole-day course (7 hours) - £70pp